



St Demetrius & Memorial Soul Saturday



Parish Contacts

Fr. Gregory Wright, Rector
604-788-7546
frgregory@saintherman.net

Fr. Symeon Price, Attached
604-807-7451
fathersymeonprice@gmail.com

Fr. Dn. Theodore Matson
Deacon, Treasurer
604-897-2825
dntheodore@saintherman.net
treasurer@saintherman.net

Eric Gerbrandt, President
president@saintherman.net

Donations: E-Transfer to:
treasurer@saintherman.net

Weekly Services:

Every Saturday:
530pm Great Vespers

Every Sunday:
930am Hours
10am Divine Liturgy
12pm Potluck Lunch
1pm Catechism Classes

Feast Days:
Please Check our Calendar

**7221 - 198B Street
Langley, BC V2Y 1R9**



St. Demetrius & Memorial Soul Saturday

Every year, on the Saturday preceeding the Feast Day of St. Demetrius of Thessaloniki, the Orthodox Church celebrates a Memorial 'Soul Saturday' Divine Liturgy, where we pray for Orthodox Christians who have departed this life.

The Orthodox Church actually prescribes 6 Soul Saturdays, and also a Radonitsa Memorial Liturgy on the Tuesday following St. Thomas Saturday.

These Saturdays include: Meatfare Saturday, the Second, Third & Fourth Saturdays of Great Lent, the Saturday before Pentecost, and St. Demetrius Saturday

One might wonder what is the connection to St. Demetrius, and why on this Saturday in particular?

St. Demetrius Soul Saturday has it's beginnings in the year 1380 in Russia. Many Russian soldiers were killed in the Battle of Kulikovo in 1380 (when the Russians fought off the Mongols). St. Sergius of Radonezh celebrated the first ever St. Demetrius Soul Saturday Divine Liturgy at the Trinity-St Sergius Monastery on October 20, 1380.

Since then, the Orthodox Church has celebrated Divine Liturgy every Saturday preceding the Feast of St. Demetrius of Thessaloniki, to pray for fallen Soldiers.

Over the years, St. Demetrius Soul Saturday became a standard Soul Saturday in which we pray for all Orthodox departed this life (not just soldiers).

At our Parish, we will pray for all of our departed Orthodox Faithful which are listed in our Metrical Book going back 50 years.

We will also pray for any Orthodox departed this life which those attending this Liturgy write down on the commemoration list in front of the Church before this Divine Liturgy.

Faithful are also encouraged to bake Koliva to have Blessed after this Divine Liturgy in memory of your departed loved ones.

Interested in making Koliva for the first time? Here is a recipe you may want to try:

<https://www.asceticlifeofmotherhood.com/blog/koliva-recipe>

When our loved ones depart this life they can no longer pray for themselves, so we pray for them instead. We stay connected to our departed loved ones through praying for them privately; and especially through commemorating them at the Divine Liturgy (where Heaven & Earth come together).

The best way we can actively show our love for those departed this life is to pray for them!

God is not the God of the dead, but of the living, for all live to Him!

Fr. Gregory

Sunday School

CORNER



SUNDAY
Oct 4

Annual
Thanksgiving
Pumpkin Craft!



New curriculum

"SHOW ME YOUR WAYS, LORD,
TEACH ME YOUR PATHS.
5 GUIDE ME IN YOUR TRUTH AND TEACH ME,
FOR YOU ARE GOD MY SAVIOR,
AND MY HOPE IS IN YOU ALL DAY LONG"

PSALM 25:4-5

Youth

Happenings

GRADES 7-12



Post-liturgy Youth Connection
every Sunday

IN YOUTH ROOM UNLESS OTHERWISE DETERMINED



UPCOMING



PanOrthodox

Youth



Night

SATURDAY

OCTOBER 24

5:30-7:30



ST. HERMAN'S FELLOWSHIP HALL

St. Herman of Alaska

ICON FRESCO PROGRAM

A vision for the East Altar Wall



Through God's grace, we are beginning the Icon Fresco program. We invite you to prayerfully consider making a pledge toward this project. Every gift is received with gratitude and contributes to the beauty of God's Holy house.

Saint Herman's of Alaska
church
East altar wall
Fresco program suggestion





Notes from the Choir:

Northwest Orthodox Choir Directors Conference

This year, Andrea Rajan and I were blessed to attend the first annual Northwest Choir Directors Conference from August 27th-29th, hosted at Holy Trinity Greek Orthodox Church in Spokane, Washington. The experience was amazing for me as an assistant choir director and I wanted to share a bit about it, so you are aware of what we were up to!

The conference was organized and led by Louisa Rogers and Elizabeth Jerrell, two sisters who are trained vocalists, composers, and choir directors. We had the honour of attending workshops led by Subdeacon Stephen Ritchey, the head choir director at St. Symeon the New Theologian OCA church in Birmingham, Alabama, which is known for its beautiful choir and choral albums. Although it was led by directors in the OCA, there were attendees from many different jurisdictions including Antiochian, Serbian and Greek. It was impactful to come together across diocese to share our knowledge and grow in our area of servitude.

The conference dove deep into various topics including the art of directing, principles of leadership, proficiency in liturgical musicality, and the basics of Byzantine chant. At the end, Andrea and I were able to apply some of what we learned by practicing all together and singing for the Saturday Divine Liturgy. I was so grateful to sing with renowned singers/directors in the Orthodox world and be directed by Subdeacon Stephen Ritchey himself!

The conference had a profound impact on me, and it was important to end the ecclesiastical year with clear goals for our choir. Andrea and I had many tête-à-têtes, planning changes in the year(s) to come (stay tuned for them!). One of our main areas of focus is improving the way we convey the intended meaning and melody of each holy hymn. It is very important for us as choir conductors to reverently bring out the intention of the hymn through the use of clear articulation, so that the meaning of the words is preserved. At the same time, we must remain faithful to the intended cadence of the melodic lines, which is created by the composers to reflect the sacred character of each hymn. Our Orthodox hymns use ancient texts and are most often composed by renowned Russian composers such as Kedrov, as well as modern Orthodox composers, such as A.I Eppler.

The composers wrote the melody as a manifestation of the meaning of the text, and in this way to set the tone for what is liturgically occurring in that moment. For example, the Cherubic Hymn by A. Kastorsky is particularly slow and solemn, building in its phrasing as we prepare for the Great Entrance. Each hymn is beautiful and has a specific role to play in the service. As Saint Theophan the Recluse explains, "All of our liturgical hymns are instructive, profound, and sublime. They contain the whole of our theology and moral teaching, give us Christian consolation and instill in us a fear of the Judgement. He who listens to them attentively has no need of other books on the Faith". It is our job to lead the choir well, keeping the reverence and solemnness of the space and service. It is always a blessing from God to have amazing opportunities to learn and revisit the fundamentals of our craft, so we can notice what bad habits we fall and which areas we need to approach differently.

Olya Goncharova Assistant Choir Director

LADIES

*Wine and Cheese
Afternoon*

COME ENJOY SOME TIME OF FELLOWSHIP,
ENCOURAGEMENT, AND GOOD CONVERSATION
WITH THE LADIES IN THE PARISH!

SATURDAY,
OCT. 3RD
2-5PM

.....
LOCATION:

STACEY'S
HOUSE
9489 212 ST.
LANGLEY

BRING YOUR
FAVOURITE
CHEESE/ APPY
OR WINE TO
SHARE



MORE INFORMATION: ANA.STACEY@ICLOUD.COM

St. Herman's Men's night

THURS. OCT 1

6:30 PM

5191 203rd St. Langley

**(in the clubhouse, next
to the playground of
Longlea Eastates)**

Call or text Sean for more details
778-875-4111

****please park in visitor parking
only or across the street**

Please bring a snack and your choice of drink.



St. Herman of Alaska
ORTHODOX CHURCH • LANGLEY, BC

Orthodox Christian Martial Arts & Fitness Classes



Next Orthodox Christian martial arts and fitness classes

Sunday October 11th @ 3pm

&

Sunday October 25th @ 3pm

Revolution MMA
201-6001 196A st, Langley BC

Ages 12 and up
By donation

Any inquiry's email Jamesmcb66@gmail.com

October 2026

Father Gregory's day
off is Tuesday

Emergency phone calls ONLY

Great Vespers start at 5:30pm
Sunday Hours start at 9:30am
Divine Liturgy starts at 10am

 **Strict Fast** (No meat, fish, wine, oil, dairy, eggs)

 **Fish, oil and wine** (No meat, dairy and eggs)

 **Wine & Oil** (No meat, fish, dairy, and eggs)

Children's Sunday School 9:30am Sundays (in Church Hall)
Youth Connection- after liturgy during lunch in the youth room

Fr. Gregory Wright 604-788-7546 frgregory@saintherman.net

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3rd- Ladies event at Stacey's - see flyer in narthex				1 6:30pm- Men's night	2 ✙	3 2-5 - Ladies event 5:30pm Great Vespers & Confessions
4 9:30 Hours & Liturgy 1pm Catechism Class	5	6	7 ✙ 6:30pm- Online Catechism Class	8	9 	10 5:30pm Great Vespers & Confessions
11 9:30 Hours & Liturgy 2pm - Julia and DJ wedding	12	13	14 ✙	15	16 ✙	17 5:30pm Great Vespers & Confessions
18 8:30 Hours 9:00 Baptisms 10am - Liturgy 1pm - Catechism Class	19	20	21 ✙ 8am - Hierarchical Liturgy w/ Vladyka Irene	22	23 	24 9am- Liturgy - Soul Saturday 5:30pm Great Vespers & Confessions 5:30 Youth Event!
25 9:30 Hours & Liturgy 1pm - Catechism Class	26	27	28 ✙ 6:30pm- Online Catechism Class	29	30 ✙	31 5:30pm Great Vespers & Confessions w/ Fr. Symeon